

Freq	FRS Auth Power	GMRS Auth Bandwidth	CHIRP Label*		
151.820000		11.25 kHz	MURS1	https://www.fcc.gov/wireless/bureau-divisions/mobility-division/multi-use-radio-service-murs	
151.880000		11.25 kHz	MURS2		
151.940000		11.25 kHz	MURS3		
154.570000		20 kHz	MURS4		
154.600000		20 kHz	MURS5		
462.550000	2 W	20 kHz	FRS15	https://www.fcc.gov/general-mobile-radio-service-gmrs	
462.562500	2 W	20 kHz	FRS01		
462.575000	2 W	20 kHz	FRS16		
462.587500	2 W	20 kHz	FRS02		
462.600000	2 W	20 kHz	FRS17		
462.612500	2 W	20 kHz	FRS03		
462.625000	2 W	20 kHz	FRS18		
462.637500	2 W	20 kHz	FRS04		
462.650000	2 W	20 kHz	FRS19		
462.662500	2 W	20 kHz	FRS05		
462.675000	2 W	20 kHz	FRS20		
462.687500	2 W	20 kHz	FRS06		
462.700000	2 W	20 kHz	FRS21		
462.712500	2 W	20 kHz	FRS07		
462.725000	2 W	20 kHz	FRS22		
467.550000		20 kHz	GMRS1		https://www.fcc.gov/wireless/bureau-divisions/mobility-division/family-radio-service-frs
467.562500	0.5 W		FRS08		
467.567500		12.5 kHz	GMRS2		
467.575000		20 kHz	GMRS3		
467.587500	0.5 W	12.5 kHz	FRS09		
467.600000		20 kHz	GMRS4		
467.612500	0.5 W	12.5 kHz	FRS10		
467.625000		20 kHz	GMRS5		
467.637500	0.5 W	12.5 kHz	FRS11	* FRS channel numbers as listed on FCC website	
467.650000		20 kHz	GMRS6		
467.662500	0.5 W	12.5 kHz	FRS12		
467.675000		20 kHz	GMRS7		
467.687500	0.5 W	12.5 kHz	FRS13		
467.700000		20 kHz	GMRS8		
467.712500	0.5 W	12.5 kHz	FRS14		
467.725000		20 kHz	GMRS9		
			MURS		
			GMRS/FRS shared freq		
			GMRS Only		
			FRS Only		